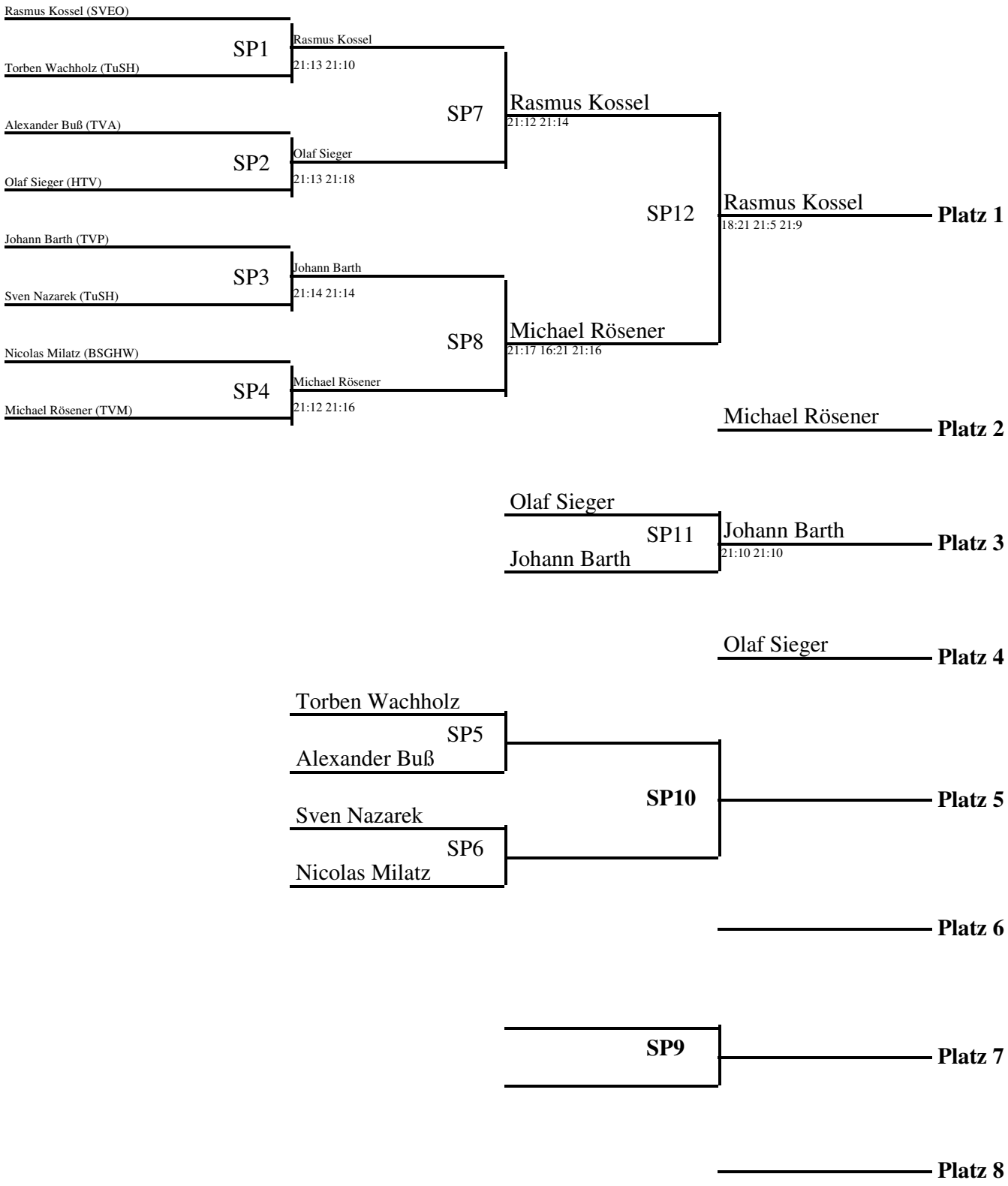Herreneinzel A